



Foothill Regional Park

RECOMMENDED TRAILS

- Westside–Oakwood–Meadow–Three Lakes Loop..... 2.5 mi.
- Three Lakes–Alta Vista–Summit (out & back)..... 1.9 mi.
- Three Lakes–Westside Loop..... 0.8 mi.

To (101), Windsor

Foothill Regional Park is a 211-acre park in the foothills of the Mayacamas Mountains in east Windsor. The park features dramatic oak woodlands, grassy hillsides, scenic views of central Sonoma County, three ponds for bass and bluegill fishing, and colorful spring wildflowers. Nearly 7 miles of hiking, biking and equestrian trails range from the challenging climb up Alta Vista Trail to the mostly flat route along the Three Lakes Trail. Picnic tables and benches are located throughout the park.

To Old Redwood Hwy, Windsor



0 0.1 0.2 0.3 0.4 0.5 MILE

0 0.1 0.2 0.3 0.4 0.5 KILOMETER

Contour Interval 20 feet

This map is provided as a guide within the park. Reasonable effort has been made to ensure the accuracy of the map and data provided. The positional accuracy of the data is approximate and not intended to represent map accuracy from a published record survey. THE MAP AND ASSOCIATED DATA ARE PROVIDED WITHOUT WARRANTY OF ANY KIND, either expressed or implied, including but not limited to, the implied warranties of merchantability and fitness for a particular purpose. For detailed and updated information about accessibility of recreational opportunities or any other park information contact Sonoma County Regional Parks at (707) 565-2041.



- MULTI-USE TRAIL
- HIKING TRAIL
- SERVICE ROAD (RESTRICTED ACCESS)
- FEE STATION
- PARKING (ADA-ACCESSIBLE)
- RESTROOM
- PICNIC TABLES
- EQUESTRIAN STAGING
- GATE
- VISTA POINT
- DISTANCE (MILES)
- TRAILS SHOWN IN ELEVATION PROFILE
- OAK WOODLANDS
- CHAPARRAL OR SCRUB
- GRASSLAND
- REGIONAL PARK BOUNDARY

