

Cochran Mill Park

Plan Your Visit

30 minutes: Orange trails to falls (easy)
 1:30 – 2 hours: All orange trails or combine with green, passes 3 waterfalls and several cascades (moderate)
 3+ hours: Yellow trails to Henry Mill Falls (moderate)
 3+ hours: Red trails to Henry Mill Falls (difficult, horse access via #9, hiker and bike access via #13)



All trails are multiuse unless otherwise posted



Cochran Mill Nature Center
 9am – 5pm Closed Sundays
 Separate Fee Required

- ### Trail Names + Length in Miles
- 6. Pete's Single Track (.20)
 - 7. Cedar Branch (1.0)
 - 8. Zack's Glade (.65)
 - 9. Old Swamp (.71) NO Bikes
 - 10. Henry's Mill Falls (2.1)
 - 11. The Wall Loop (2.1)
 - 13. Turnpike (.5) **NO HORSES**
 - 14. Bear Creek (1.5)
 - 15. Big Ridge Loop (2.1)
 - 16. 5 Turn Hill (.60)
 - 17. Gravel Trail (.80) to gate

- ### Trail Names + Length in Miles
- 1. Cochran Mill Falls (.25)
 - 2. Cochran Mill Loop 1 (.80)
 - 3. Cochran Mill Loop 2 (1.0)
 - 4. Cascades (.35) No Horses
 - 5. Nature Center (1.3)

Upper Wooten Gravel Trail continues 2.7 miles past park gate to Rico Park, great alternative to park trails when trails are wet or for beginning mountain bikers. Stay on main road, side roads are private.

